Washington State Department of Social & Health Services Aging & Disability Services Developmental Disabilities

#### Dear Participants, Families, and Friends:

Welcome to another "Family Matters" bulletin. This publication is intended for individuals currently enrolled in the Division of Developmental Disabilities (DDD), who are not at this time receiving paid services.

This time the focus is on family supports and resources in DDD. In addition, a flyer from the Developmental Disabilities Council (DDC) is included; along with a flyer on the "Economic Stimulus package" because it is not too late to act if you or your son or daughter is eligible. Please read on!



Turn
the page for
more information!

#### **Individual and Family Services Program (IFS)**

DDD implemented the Individual and Family Services Program in July 2007. Below is a program description and regional contact people. Go here for more information: http://www.dshs.wa.gov/ddd/family.shtml

The legislature asked DDD to consolidate its three existing Family Support programs into a single program. The intent is:

- To partner with families as care providers for children with developmental disabilities and adults who choose to live in the family home;
- That individual and family services be centered on the needs of the person with a developmental disability and the family; and
- To the maximum extent possible, individuals and families must be given choice of services and exercise control over the resources available to them.

To be eligible to receive funding in the new Individual and Family Services program, the person must:

- Be on the waiting list for Family Support Services (or must call DDD and ask to be put on the list);
- Require assistance in meeting their needs;
- Be living with her/his family; and
- The DDD assessment must be administered to determine the person's need.

Once priority and need have been established, the funding amount will be based on the person's level of need. There are four levels of funding, which are based upon need:

- Level 1 awards \$2,000 per year;
- Level 2 awards \$3,000 a year;
- Level 3 awards \$4,000 a year; and
- Level 4 awards \$6,000 a year.



The IFS Program allows participants to use their award to pay for any of the following services related to, and resulting from, their disability and identified and agreed to in the DDD Assessment Individual Support Plan (ISP): respite care, therapies, architectural and vehicular modifications, equipment and supplies, specialized nutrition and clothing, excess medical costs not covered by another source, copays for medical and therapeutic services, transportation, training, counseling, behavior management, parent/sibling education, and recreational opportunities.

Current Family Support participants began transitioning to the IFS program in July 2007. New participants are being brought onto the IFS program over a period of time. Families and individuals who are known to have emergent and/or high need situations, and families and individuals who have been waiting the longest will be assessed first for participation in the program.

When the person's eligibility for the program is determined, continuing eligibility may be time limited and subject to review.

Program Manager: Debbie Couch, 360-725-3415, couchdg@dshs.wa.gov

#### **Family Support Coordinators:**

- Region 1: Lorna Morris, 509-329-290, morrill@dshs.wa.gov
- Region 2: Sandy Powers, 509-526-2584, powersk@dshs.wa.gov
- Region 3: Theresa Responte, 425-339-1968, respotl@dshs.wa.gov
- Region 4: Heather Moline, 253-372-5773, molinhm@dshs.wa.gov
- Region 5: Terry Hehemann, 253-404-6566, hehemtl@dshs.wa.go
- Region 6: Dee Nelson, 360-537-4357, nelsodl@dshs.wa.gov



### DDD announces a NEW family support resource

#### Children's Intensive In-home Behavioral Support (CIIBS) Waiver

Beginning November 1, 2008, DDD will be offering a new service program called Children's Intensive In-home Behavioral Support (CIIBS). This new program will support children with developmental disabilities who are at high risk of out of home placement due to their challenging behaviors. Children and families selected for the program will have met assessed eligibility criteria, including client and caregiver characteristics, which identify their high risk for placement outside the family home.

DDD was funded by the State Legislature to add 6 children per month up to 100 children at an average service cost of \$4000 per month over the next three years. Examples of services include behavioral support, staff and family training and consultation, planned respite, home and vehicle modifications, specialized nutrition, and therapeutic equipment and supplies.

The program intends to provide a coordinated, consistent approach to behavior support across environments, such as home, school, and community. A team of support people, including the child, parent(s), service providers, and school staff, will be formed to support each child. Parents will play active roles in supporting their child and changing behaviors.

Program Manager: Christie Seligman, 360-725-3445, SeligCL@dshs.wa.gov

Another resource for you or your family is your *no paid services case manager*. Here is a list of the names and numbers for your region.

Deborah Gallagher206-568-5642
Angela Hinckley206-568-5758
Amena Jones253-372-5799
Kimsa Nguyen206-568-5652
Region 5 (Pierce & Kitsap)
<b>U</b> ( 17
Robert Deehan253-404-6549
Ray Holodnak 360-475-3597
Marrial Nilsson253-404-6572
Region 6 (SW Washington)
Carla Estes360-537-4362
Randy Forrest 360-501-2488
Sigrid Reinert 360-725-4291
Tim Walker360-750-4261



# STATE OF WASHINGTON DEPARTMENT OF SOCIAL AND HEALTH SERVICES DIVISION OF DEVELOPMENTAL DISABILITIES

PO Box 45310 'Olympia, WA 98504-5310

If you need this information in a different language, please call the toll free number for your region.

បើអ្នកត្រូវការពត៌មាននេះជាភាសាផ្សេងទៀត សូមទូរស័ព្ទលេខមិនគិតថ្ងៃតាមតំបន់របស់អ្នក ។

기타 언어로 작성된 안내문이 필요하시면 해당 지역의 수신자 부담 전화서비스를 이용해 연락해 주십시오.

KOREAN

如果您需要本資料的其他語言版本,請致電您本區的免費電話號碼。 CHINESE

ท้าทานต้อງภานอั้มูนนี้เป็นผาสาอื่น, ภะรุมาโทตา เลกโทย่ให้เสัฐถ่าตามเอดออาทาน.

Если Вы хотите получить данную информацию на другом языке, пожалуйста, звоните по соответствующему номеру телефона бесплатной линии в своем регионе.

RUSSIAN

Si necesita la presente información en otro idioma, sírvase llamar al número gratuito de su región.

SPANISH

Kung kailangan ninyo itong impormasyon sa ibang salita, mangyari lang tumawag sa teleponong toll-free sa inyong pook.

TAGALOG

Якщо Вам потрібна ця інформація на іншій мові, будь ласка, подзвоніть по одному з наступних безкоштовних телефонів у Вашому окрузі.

UKRAINIAN

Nếu quý vị cần những chi tiết này bằng một ngôn ngữ khác, xin gọi số điện thoại miễn phí trong vùng của quý vị.

VIETNAMESE

Region 1 Spokane 1-800-462-0624 Region 2 Yakima 1-800-822-7840 Region 3 Everett 1-800-788-2053 Region 4 Seattle 1-800-314-3296 Region 5 Tacoma 1-800-248-0949 Region 6 Olympia 1-800-339-8227





## **Informing Families**

# Building Trust

A Partnership for Better Communication on Developmental Disabilities Issues

### Informing Families is Building Trust on the Web

Having access to easy-to-understand information is important, so we wanted to let you know about a new resource available to you. The Informing Families/Building Trust project is a collaborative project aimed at providing information about issues individuals with developmental disabilities and their families care about. Here are some features of the project that might be of interest to you:

- 1. The Informing Families/Building Trust listserve lets you know right away about changes the Division of Developmental Disabilities is making or other news you should know about. To stay informed about new issues, you can join the listserv by going to the Informing Families/Building Trust website (<a href="www.informingfamilies.org">www.informingfamilies.org</a>) and go to the "Contact Us" page. When you send us an email you're added to our listserv and will get email updates each time we send them out.
- 2. Podcasts tell you about things you want to know in a fun and easy-to-understand format. In addition, the partnership between the Arc of Washington, DDD and the Developmental Disabilities Council has resulted in one place where you can see videos on DDD issues. The web address for this is <a href="https://www.olympiainsider.org">www.olympiainsider.org</a>. Recently added and upcoming podcasts include:
  - Planned Action Notices What those notices from DDD mean and what your rights are when you disagree with what DDD decides.
  - Individual and Family Services— Information on funding to take people off the wait list and provides services for over 1,200 families and how the Home Care Quality Authority Registry works.
- 2. A totally redesigned website is coming soon. The changes to the website will link you to resources you and your family need, making it a little bit easier to get the information you want. Other features will include enhanced ability to search for information and to learn how other families are coping with the challenges of navigating the systems for individuals with developmental disabilities.

To learn more about what we are doing, visit the Informing Families/Building Trust website at <a href="https://www.informingfamilies.org">www.informingfamilies.org</a>.

The Informing Families Building Trust Project is a collaboration of the Division of Developmental Disabilities and the Washington State Developmental Disabilities Council and key local partners like yourself.